

COVID-19 PROTECTION POLICY

PATIENT

- Stay home if you have fever, sore throat, cough, GI symptoms etc.
- Your rooms are cleaned & sanitized
- Immediately upon arrival
- Check body temperature
- Use hand sanitizer
- Wash hands with soap and water
- We have bottled water, juice & snacks
- Feel free to bring your drinking cup
- Watch videos on mask selection before your sleep study by visiting **www.soundasleeplab.com**
- Wear face mask and practice social distancing whenever possible
- Minimal use of surface contact
- Minimal use of room TV or Remote
- Use own mobile device or laptop
- Could bring your own pillow, sheet covers and wash towels
- Frequent use of sanitizer
- Use toilet seat covers

SLEEP TECH

- Check your body temperature with infrared thermometer and keep log
- Open room only in presence of patient
- Check for Covid19 screening list
- Apply Hand sanitizer
- Ensure patient washes hands
- Provide mask if needed
- Wear adequate PPE /N95 mask when close to the patient
- Allow to watch mask selection video while prepping the patient
- Contact less mask/size selection prior to starting the study
- Always keep the door closed
- Remote control of CPAP management
- Frequent use of sanitizer and hand washing
- Clean water chamber and disinfect
- Practice double cleaning protocol
- Sanitize room with UV/ Ozone
- Social distancing with other employees
- Keep patient contact to minimum
- Clean your desk, key board, mouse pads, phones etc.

LIST OF PPE FOR TECHNICIANS

- Temperature + log record
- Cloth mask/ Surgical mask
- N95 mask & N95 respirator mask
- Gloves & Gowns
- Face shield/Head Cover/Shoe cover

HOUSE KEEPING

- Wear cloth mask
- Change gloves after each room
- Practice double cleaning protocol
- Wipe all counter and surfaces with soap and water, followed by sani wipes
- Wash all knobs and handles with disinfectant
- Remove extra layers of toilet paper and fold to keep it fresh
- Use toilet seat wrap after cleaning
- Check toilet seat covers
- Sanitize rooms with UV/Ozone
- Apply sticker cleaned & sanitized on the door
- Clean all work stations and common areas, fridge door handle, coffee station etc.